

Sussex Young Coach Academy

Hi.

You have probably received this letter from your PE Teacher, your SSCO, or your favourite coach because they believe you are a brilliant sports leader and have the potential to be a fantastic coach too! If that is the case, then please take your time to read the information below and send me your application form (attached). I look forward to hearing from you soon.

Aim and Outline:

The Young Coach Academy for Sussex aims to provide an opportunity for selected young people (aged 14 – 19) that want to develop as coaches and are committed to actively coaching within a school, community or club setting.

The Academy aims to be the pinnacle of opportunity for Young Coaches within the County, which will provide a pathway from school / college leadership and volunteering programmes into coaching and possibly a career in sport by bridging the gap between school and community systems and signposting further opportunities.

Throughout the programme, the 'Academy Coaches' will be required to attend sessions delivered by some of the County's leading practitioners in Sports Coaching.

MORE DETAILS ON THE SESSIONS WILL BE SENT FOLLOWING SUCCESSFUL APPLICATION.

Outcome for Young Academy Coach

- A Training Needs Analysis & subsequent Goal Setting – (at Launch Event)
- Gain accreditation through completing a 'coach support worker' course run by Sussex Cricket (but applicable to all sports)
 - This includes elements such as first steps to coaching, organising and managing teams and players, communicating with all groups and introduction to fundamental movement skills.

'This programme has been designed to help to develop your confidence and equip you with the knowledge, understanding and applied skills to support in a coaching session and create a safe, enjoyable and welcoming player-centred environment.' ECB.

- Personalised Mentoring – Attached to a Coach Mentor of your choice
- Opportunity to attend other sport specific coaching seminars and workshops throughout the year.
- Students will also be supported to
 - identify appropriate funding streams to access higher level (sport specific) leadership awards and Level 1 and 2 Coaching Qualifications
 - Find new avenues for coaching in appropriate settings.

Terms and Conditions

- Application form must be submitted and returned by **Friday 8th November 2019.**
- Aspiring Young Coach
 - Needs to be 14 – 19 & in education (please contact us if you have left education settings but would still be interested)
 - Must be able to attend the sessions scheduled:
Launch event :
Tuesday 10th Dec 2019 5-8pm @ St Pauls Catholic College, RH15 8GA
CSW course :
Wednesday 19th February 2020 @ Indoor Cricket School at The 1st Central County Cricket Ground, Hove, BN3 3AN
 - Must keep a log of all hours completed (MINIMUM OF 10 HOURS) and get signed by the coach mentor

All successful applicants will be notified by Friday 22nd November.

I look forward to hearing from you soon.

Sussex Young Coach Academy

2019/20 APPLICATION FORM

(Please write clearly in block capitals)

Name: Date of Birth:

Home Address:

Telephone Number: Mobile Number:

School E-mail: **SCHOOL EMAIL =**
+ Most checked email address that can be used by Youth Sport Trust as part of the new 'TECHNOLOGY' element of the course.
MOST CHECKED EMAIL =

School / College

Are you currently involved in any sports coaching? (not essential) Yes No

If yes, where are you coaching? (Please tick all that apply)

School / College Club Youth Group Other

If ticked 'other', please specify

If yes, what sport(s) are you coaching and where (at what club / youth group)? (Please detail below)

Do you have any leadership or coaching qualifications/experience already? *(Please detail below)*

Are you registered on any scheme that logs the number of volunteering hours you have done?

Yes

No

If yes, please tell us the name of the scheme: _____

Please use the following space to tell us about yourself:

What are your main reasons for wanting to apply for the Young Coach Academy?

What skills and experience do you already have which you think would benefit the Young Coach Academy, and what skills would you like to develop?

Please supply the contact details of a 'Mentor' you would like to work with during this project. This person could be a Club Coach, a Teacher, or your School Sports Coordinator (SSCo) or School Games Organiser (SGO).

Name of Club Mentor / Coach / Teacher:

Email address of the 'Mentor' so we can contact them:

Their role and how you know them:

**PLEASE NOTE THAT WE WILL BE CONTACTING THE MENTOR TO
DISCUSS HOW THIS OPPORTUNITY CAN BEST WORK FOR YOU, SO PLEASE ASK THEM FIRST!**

T Shirt Size: Please CIRCLE / TICK: **SMALL MEDIUM LARGE X-LARGE**

Please note, there is a cost of £50 to take part in this programme. This covers the cost of running the accredited courses, associated resources and kit.

Name of
Parent/Guardian/Carer:

Signed:

Date:

We will be taking photos and video clips throughout the Academy sessions and would like your permission to share these with both the students and wider audiences as appropriate. This may include local press, websites, key partners and in presentations.

*** Please delete as appropriate below...**

I **give / do not give** * permission for photo/video material to be used

Please let us know if there are any medical / allergy conditions that we need to be aware of.

Please return to: Holly Prescott hprescott@stpaulscc.co.uk

Or by post to:

**Mid Sussex Active - St Pauls Catholic College, Jane
Murray Way, Burgess Hill, RH158GA**